



## Taylor Dahl, M.S.

Taylor received her M. S. in Clinical Mental Health Counseling in August of 2021 at Austin Peay State University and is currently pursuing licensure in counseling. Taylor has experience working with children both in the acute psychiatric hospital setting and in outpatient treatment focusing on the utilization of play therapy. Taylor's goal is to include her Person-Centered approach along with aspects of CBT and DBT to create a safe, trusting environment for her clients and their families to learn, grow, and adapt to life and its many changes.

In her free time, Taylor enjoys spending time with her dogs, exploring new places, and listening to podcasts.