



## Spencer London, BSW, QMHP-A

I attended Appalachian State University where I graduated with a degree in social work in 2016. After graduation, I moved out to Washington state where I gained experience working with adults experiencing chronic and persistent mental health issues, co-occurring disorders, and/or housing challenges. I utilize a strengths-based and person-centered approach, and believe that the most fruitful therapeutic relationships are grounded in mutual respect and teamwork.