



## Sneha Rajan, B.A., QMHP-Trainee

I received my Bachelor's degree in Psychology and Biology from the University of Virginia in 2017. I am currently working on my Master's degree in Clinical Mental Health Counseling from Walden University. I have experience with advocacy in the juvenile court system, In-Home Intensive Services for children and adolescents with behavioral and mental health issues, and mental health support services for adult inpatient forensic patients. I favor a person-centered and trauma-informed approach to counseling and believe strongly in tailoring interventions to the individual client and family system. In my free time, I crochet, dote on my cat, play tabletop RPGs, volunteer, and spend time with friends.