



Sarah Matalavage, LCSW

Sarah Matalavage attended Virginia Commonwealth University where she received her Bachelor of Science in Psychology (2009) and Masters in Social Work (2014). She joined the Lighthouse Behavioral Health Center team in September 2020 and performs in a clinical supervisor role for community-based mental health services and carries a small caseload of clients in outpatient psychotherapy. Mrs. Matalavage has provided intensive in-home, crisis stabilization, therapeutic day treatment, and mental health skill building services in the Greater Richmond area since 2009. She has experience as an IQ assessor and helped with psychological evaluations and disability claims and is committed to advocacy and support for those who are differently abled. Sarah valued her internship experiences with American Red Cross Disaster Relief Services and Bon Secours Bereavement Center and enjoyed her volunteer experience for two summers as a camp counselor for youth with incarcerated parents. Mrs. Matalavage provided substance use counseling services as a clinical supervisor in a medication assisted treatment clinic and enjoyed facilitating groups and helping individuals struggling with addiction, specifically opioid addictions. Mrs. Matalavage has provided direct practice and operated in a supervisory role as center coordinator for a local early intervention center that specializes in

providing ABA therapy to children with Autism Spectrum Disorder. While doing ABA therapy, she became ADOS-2 certified and completed her ESDM (Early Start Denver Model) certification, becoming the first person in the state of VA to achieve this goal. Mrs. Matalavage obtained her LCSW in 2017 and has dedicated herself to working with children, adults, and families in the Greater Richmond area. She spends her free time organizing and starting her nonprofit organization, 'The Enchanting Bookmobile', that is aimed at increasing access to children's books in lower socioeconomic areas. Favorite ways for Sarah to implement self-care is in gardening, hiking, reading, and cooking.