



## Rebecca Dymond, MSW, Supervisee in Social Work

I graduated from the University of North Carolina at Greensboro with a Bachelor of Arts in Anthropology in 2013 and in 2022 graduated from Virginia Commonwealth University with a Master of Social Work degree. I have provided in-home services for adults diagnosed with serious mental illnesses such as schizophrenia, bipolar disorder, and schizoaffective disorder, and who often had co-occurring substance use. I received training in motivational interviewing and cognitive behavioral therapy. I also have experience working with youth on the autism spectrum and the LGBTQ+ population. I am currently pursuing licensure as a clinical social worker. I practice through a strengths based, person centered lens, and aim to empower others to meet their goals. For fun, I like to play video games or cozy up with a good book.