



Rachel Taylor, M.S., QMHP-A

Rachel Taylor graduated from Virginia Commonwealth University in August 2020 with a Master's of Science in Rehabilitation and Mental Health Counseling. She is a Qualified Mental Health Professional for Adults and is a Certified Substance Abuse Counselor. Her experience includes providing support and vocational training to adults with intellectual disabilities and providing residential treatment to individuals with co-occurring mental health disorders and substance use disorders. Rachel utilizes a strengths-based and trauma informed approach in providing services to the individuals she serves. She believes in a holistic approach to wellness that recognizes the various influences of a person's environment on that individual's overall well-being.