Parker Schrum, B.S., QMHP-A

In 2014, I moved to Richmond to study at VCU, where I earned my Bachelor's degree in Sociology. Since graduating, I received my certification as a Qualified Mental Health Professional through the Virginia Board of Counseling. Before working for Lighthouse, I worked at a group home helping adult clients with varying mental health diagnoses. I gained experience in assisting individuals with their transition toward independent living. This included setting and achieving goals, skill-building in activities of daily living, connecting to community resources, and developing coping strategies to support their mental health. I am passionate about being of service to people in need. I believe with the right tools and support; clients can experience lasting change that will allow them to live more fulfilling lives. I aim to develop a genuine connection with my clients and work collaboratively to guide them toward a brighter future.