



Monei Graves-Phillips, MSW, QMHP-C

Monei Graves-Phillips is a graduate of Virginia Union University School of Social Work, where she earned a Bachelor's Degree. She later earned her Master of Social Work degree from University at Albany, State University of New York. Monei is pursuing licensure to become a Licensed Clinical Social Worker. She has a passion for empowering youth and families through providing counseling services to improve their well-being and quality of life. Monei has experience in various areas, including anxiety, attention-deficit hyperactivity disorder, emotional dysregulation, bipolar disorder, conflict resolution, learning disabilities, chronic medical issues, substance abuse, and trauma. Monei additionally has experience providing strengths-based, trauma informed care utilizing models such as cognitive behavioral therapy (CBT) and Solution-Focused therapy. In my spare time, I enjoy spending time with my friends and loved ones, and I like traveling as much as possible.