



## Molly Sykes, B.S., QMHP-Trainee

I graduated from James Madison University with a Bachelor of Science degree in Psychology and am currently enrolled in the Couples and Family Counseling Master's program at VCU. I have worked with children going through adoption with a diagnosis of ADHD and trauma along with behavioral needs. I believe the only true explanation of one's perspective of the world around them can come from themselves; I strive to provide a person-centered platform that thrives on vulnerability, trust, and authenticity. My long-term career goal is to become a Licensed Professional Counselor. In my free time, I enjoy lifting weights and going to the gym, reading, going for long walks with my dogs, and taking long naps (after the long walks).