



Michelle Camardi, MSW, Supervisee in Social Work Counselor

As an undergraduate, I received dual degrees in social work and sociology from James Madison University and a Master's degree in social work from Radford University. My background is in intensive in-home counseling with children and teens and inpatient psychiatry with adults and children. I practice using a strength's based, person-centered approach, drawing from principles and techniques informed by cognitive behavioral therapy (CBT), dialectical behavior therapy (DBT), and play therapy. I have experience working with a variety of psychological and developmental conditions, including depression, anxiety, personality disorders, substance abuse, bipolar disorder, autism spectrum disorder, psychosis, and issues specific to the LGBTQ

community. In my spare time, I enjoy spending time with my friends and loved ones, hiking, camping, reading, watching movies, and traveling as much as possible.