



Megan Burgan, B.S, QMHP-C Counselor

I earned my Bachelor's Degree in Psychology from University of North Carolina at Wilmington. I have experience working with adults and children who have been diagnosed with intellectual and developmental disorders such as Cerebral Palsy and Autism Spectrum Disorder. I have also worked in residential care with children between the ages of 6-18 who have been displaced from their home due to domestic conflicts and social services intervention. I have worked with women and children who have been victims of violence through a domestic/sexual violence shelter as well. I utilize a person-centered approach to care and have experience in strengths-based theory, systems theory, CBT, and trauma-informed care. I have completed trauma basics trainings and am CPR/First Aid certified. I am currently working towards a Master's Degree in Social Work through Virginia Commonwealth University and plan to graduate in the spring of 2019. When I am not working, I enjoy spending time at home with my cat and my dog or travelling to new and exciting places to visit friends or families.