



Mary Davis, LPC Clinical Supervisor

I earned my Master's Degree in Clinical Mental Health Counseling from Regent University, with my Bachelor's Degree in Sociology from Mary Baldwin College. I have experience working with children and adults in outpatient, community services, and residential treatment. I have worked with people dealing with depression, anxiety, trauma, psychosis, substance abuse, and personality disorders. I utilize Cognitive Behavioral Therapy, Person Centered Therapy, and Solution Focused Therapy treatment modalities, depending on client needs. I have received training in the impacts of trauma, the Sanctuary model, substance abuse, and sexual offending in adolescents and adults. When I am not working, I enjoy spending time with my family, going bowling, and traveling.