



LeRoy Hughes, B.A., QMHP-Trainee

In my life before mental health, I was an educator for 23 years, teaching music to elementary, middle and high school students. I received my bachelor's in music education/ vocal choral K12 from Virginia Commonwealth University in May 1997. I am currently enrolled in the graduate program at Virginia State University studying community counseling. I have a scheduled graduation date of May 2023. My current experiences have involved working collaboratively with adults and children/adolescents. I have additional experience with PTSD, intellectual disabilities, as well as mental health diagnosis including Anxiety, Bipolar Disorder, Schizophrenia, Major Depressive Disorder and Disruptive Mood Dysregulation Disorder. I have also worked with the LGBTQIA community. It is my hope that I can offer my clients a safe space for absolute healing. This kind of healing does not come from my advice or my solving their problems or judgement of any kind, but rather from within the client. With guidance, my clients will embark on the journey to wholistic healing and discover that their answers to life's situations lie within themselves. I'm just there so they don't have to walk the journey alone.