



Kevin Happeny, LPC

Kevin is a Licensed Professional Counselor who earned his Bachelor's Degree in Psychology from the University of West Florida and his Master's Degree in Marriage and Family Therapy and Counseling from Reformed Theological Seminary in Jackson, Ms. Kevin's clinical experience includes outpatient therapy and community based services with adults and adolescents to help individuals, families, children, and couples to address significant emotional and behavioral difficulties and to improve relationships. Kevin's approach is person-centered, utilizing principles from CBT, DBT, mindfulness-based practices, and humanistic therapy. Kevin works to create a collaborative, non-judgmental relationship with his clients to facilitate change in their lives and to help them better understand the ways in which their thoughts, emotions, and behaviors impact their life. He has experience working with a wide variety of conditions including anxiety, depression, marital conflict, psychotic disorders, and mood disorders. In his free time, he enjoys spending time with his family, traveling, reading, and playing video games.