



Kaitlyn Cline, BSW, QMHP-Trainee

I earned my Bachelor of Social Work from James Madison University and am on track to earn my Master's in Social Work from Virginia Commonwealth University. Throughout my time at JMU, I actively participated in many community-based learning opportunities in which I worked with a broad spectrum of populations. My experience includes co-facilitating an Intensive Outpatient Program and Partial Hospitalization Program in Harrisonburg and assisting to create safe social groups for older adults during the nation's period of social isolation at the Powhatan Department of Social Services. These experiences have given me the opportunity to work with several mental health diagnoses including Anxiety, Depression, Substance Use Disorder, and Bipolar Disorder. I use CBT and mindfulness skills, as well as a strengths-based approach when working with individuals. My main goal is to allow individuals a space where they feel empowered as the expert of their own situations. In my free time I enjoy crocheting, reading, and traveling with friends and family.