



Isabel Kohuth, M.Ed., Resident in Counseling

I am a Resident in Counseling who graduated from Temple University in 2020 with a Bachelor of Arts degree in Art Therapy and a Master's degree in Art Therapy and Counseling from Eastern Virginia Medical School in 2023. I have had the opportunity to work with children, adolescents, adults, and families. My experience includes working with individuals and families who have experienced crisis and trauma in addition to a variety of mental health diagnoses and areas of growth. As a resident in counseling I utilize an integrated approach to art therapy and counseling incorporating art making with person-centered and trauma-informed methodologies. In my personal time I enjoy hiking, making art, spending time with friends and family, and playing with my rabbit.