



## Hanna Keller, M.Ed., QMHP-C

I received my Bachelor of Science in Psychology from the University of Mary Washington in 2016. I continued my education at Virginia Commonwealth University and received a Master of Education in Counselor Education in 2020. My background includes working with children and adolescents, and families in the school setting. I have experience in individual counseling, small group counseling, and large group psychoeducation dealing with emotional regulation, behavior management, coping skills, and conflict resolution. I use a person-centered, strengths-based, and solution-focused approach when working with clients. I seek to continuously use evidence-based and culturally appropriate interventions and strategies to fit the client's needs. In my free time, I enjoy going for runs, gardening, reading books, cooking new recipes, and spending time with my dog and family.