

## Gabrielle Mormile, LPC, ATR Clinical Supervisor

As an art therapist I utilize a creative approach to counseling; incorporating art making, comedy, roleplaying and play to explore identity and presenting mental health concerns with clients. I incorporate dialectical behavioral methodologies, as well as person-centered humanism. I received my Master's degree from Eastern Virginia Medical School in Art Therapy and Counseling and my Bachelor's degree from VCU. I have a broad range of professional experience in the field, including a school setting with children diagnosed with autism spectrum disorder, crisis stabilization unit with adults, two residential treatment facilities with adolescents, and a facility providing psychosocial rehabilitation, mental health skill building, intensive in-home and outpatient services. In my free time I enjoy gardening, exercising, making art, and cuddling with my cats.