



Emily Jackson, M.S., Resident in Counseling Counselor/Support Specialist

I received a Bachelor of Science in Psychology in 2013 from Virginia Commonwealth University and continued my studies in VCU's Rehabilitation and Mental Health program through the school of Allied Health Professionals. I will graduate in December 2016 with a Master's degree in Counseling and pursue licensure. I have clinical experience providing substance abuse counseling in individualized and group settings at an inpatient rehab facility. Additionally, I have worked as a social coach for transitional students who have Autism Spectrum Disorder or other Neurological disorders providing independent living skills and social skills training, facilitating peer support groups, and supporting individualized growth through community service in the city of Richmond. Through my clinical experience, I have developed a strong passion for identifying and utilizing strengths as a way to cultivate personal growth. I believe that every individual has the ability to thrive and live a meaningful, fulfilling life, and

should be given a chance to do so. In my free time I enjoy being outdoors, cooking, listening to music, reading, playing with my dog, and spending time with loved one.