



Emily Heinze, M.A.

Emily received her Bachelor's of Fine Arts at Columbus State University in Georgia and her Master's of Psychology specializing in Art Therapy at Seton Hill. While working with clients she likes to use storytelling and creativity coupled with art making to explore mental health needs while connecting with others. Emily has experience working with at-risk youth, inpatient and crisis stabilization with adolescents and adults, LGBTQIA+ youth, as well as various mental and behavioral health needs. In therapy, her approach is person-centered and emphasizes individual exploration of self and needs. In her free time she enjoys Table Top RPG games with her friends, art making, and hanging out with her cats.