



Elise Dalton, B.S., QMHP-Trainee

I graduated from Tulane University in 2020 with a Bachelors of Science in Psychology and Cognitive Studies. I grew up here in Henrico, Virginia attending Collegiate School with my two brothers. I have recently moved back after 6 years in New Orleans, Louisiana. I have experience working with children, adolescents and their families in in-home and classroom environments with formal education in different therapeutic methodologies such as DBT, ABA, and CBT. On weekends, I enjoy reading at coffee shops and snuggling my two NOLA-born cats, Fettuccini and Linguini.