



Ebony Washington, M.S., Resident in Counseling

My name is Ebony Washington, I was born in Panama, but grew up in Savannah, GA. I traveled throughout my life due to my parent's military career. I completed my Bachelor's degree in Criminal Justice at Post University in 2014. Once I joined the military and began to service others, my confidence to further my education to become a counselor guided me in completing my Master's degree in Professional Counseling and Human Services. I enjoy working with adolescents in both individual and group sessions focusing on trauma, anxiety, and depression utilizing techniques from Trauma Focused Cognitive Behavioral Therapy (TF-CBT). My goal is to help those who are suffering manage obstacles and provide care as they reach their full potential. Music has always been a driving force in my life, I enjoy going to the gym, cooking at home with my 3-year-old Yorkipoo named Romeo, and spending time with friends and family.