



Danielle Whitehurst, MSW, Supervisee in Social Work

I earned my Bachelor's degree in Social Work from Longwood University in 2016 and a Master of Social Work degree from Virginia Commonwealth University (VCU) in 2018. I am currently working towards becoming a Licensed Clinical Social Worker (LCSW) and then will begin pursuing my license in play therapy.

When working with children and families, I utilize a client centered, strength based, and cognitive behavioral therapy approach to help my clients work through the problems they are experiencing in their everyday lives. I have past experience working with children in a school setting doing therapeutic day treatment that have a diagnosis of ADHD, anxiety, depression, ASD, and who have also experienced a significant amount of trauma. I have facilitated group therapy sessions that focused on anxiety and trauma and have worked with children and adolescents in an outpatient setting.

In my free time I enjoy spending quality time with my family and

friends, being outside, and reading.