



Carrie Goad, MSW

Carrie received her Bachelor of Social Work with a minor in psychology from Shepherd University in 2021, the recipient of the 2021 McMurrin Scholar Award. She went on to earn an advanced standing Master of Social Work degree from Virginia Commonwealth University in 2022. Now a Supervisee in Social Work, she is working towards her LCSW. Carrie has experience working with children, teens, and adults implementing a person centered and strengths-based approach, utilizing CBT and solution focused techniques. Carrie's background includes bereavement counseling and community-based mental health services, in addition to her extensive volunteer history working with those experiencing homelessness, food insecurity, unplanned pregnancies, refugees, and end-of-life. In her free time, she appreciates spending quality time and having adventures with her family. She also enjoys traveling, reading, and being artistic.