



Carrie Barbagallo, MSW, Supervisee in Social Work

Carrie (she/her/hers) completed her Bachelor's in Psychology with a minor in Family Studies at James Madison University (2013) and earned her Master's in Clinical Social Work from Virginia Commonwealth University (2020). She is currently undergoing supervision/training to be a Licensed Clinical Social Worker (LCSW). Carrie enjoys working with children, adolescents, families, and adults with mental or behavioral health needs. Carrie has experience working with individuals in an acute setting, victims of sexual assault and intimate partner violence, foster and at-risk youth, adults with severe mental illness, crisis intervention and stabilization, among others. She has experience with a wide range of disorders including depression, anxiety, bipolar, PTSD, C-PTSD, ADHD, personality disorders, psychosis, LGBTQ+, substance abuse, disruptive mood dysregulation disorder, ODD, conduct disorder and others. Her primary interest is complex trauma resulting from early childhood abuse/neglect. Carrie utilizes a variety of therapeutic techniques drawing from family systems theory, trauma-informed care, cognitive-behavioral and dialectical behavioral therapies, as well as others depending on the client's needs at the time. In her free time, Carrie enjoys gardening, playing with her German Shepherd dog, woodworking, and spending time with family and friends.