



## Bryce Deering, M.Ed., Resident in Counseling

Bryce earned his bachelor's degree in Psychology and master's degree in Counselor Education from Virginia Commonwealth University (VCU). While at VCU, Bryce worked as a project coordinator for a research lab focused on better understanding the relationship between language and cognition. The research looked to understand the extent that language skills contribute to classroom-based friendship networks of elementary students. Before joining Lighthouse, Bryce worked for several years as a school counselor at the high school and elementary school levels where he worked with students by providing classroom lessons, small group counseling, and working with students at the individual level. Bryce primarily worked with students navigating areas such as anger management, emotional regulation, anxiety, depression, developing coping skills/techniques, attention-deficit hyperactivity disorder, and autism. Many of these sessions revolved around social-emotional learning, positive behavior interventions and supports, zones of regulation, and other evidence-based practices. Bryce is currently pursuing his licensure as a Licensed Professional Counselor (LPC). In his free time, Bryce enjoys rock climbing, mountain biking, and perfecting the best way to make a pizza.