



Brandie Carlton, MSW, Supervisee in Social Work Counselor

Brandie Carlton has a Bachelor's Degree in Psychology from Virginia Commonwealth University and a Master's Degree in Clinical Social Work also from Virginia Commonwealth University. Brandie has experience working in an acute in-patient setting and a school setting. Brandie's treatment approach is cognitive behavioral from a person-centered perspective with experience working with trauma, bereavement, depression, suicidal ideation, parenting, self-esteem, self-injurious behaviors, and coping skills. Brandie works with children 5-17 years old as an Intensive-In Home counselor and provides individual and family therapy that focuses on building stronger relationships between family members.