



Ben McClure, MSW, Supervisee in Social Work (they/them)

Ben received their Master's degree in Social Work from the University of Wisconsin-Madison in May of 2021. As a part of Lighthouse Behavioral Health Center's team, they will be pursuing supervision to become a Licensed Clinical Social Worker. Their experience in the field of mental health consists of outpatient work with adults and adolescents across a variety of populations and cultural backgrounds. They have worked collaboratively with individuals experiencing depression, anxiety, personality disorders, bipolar disorder, insomnia, trauma, and cognitive impairments. Ben's therapeutic approach centers both the strengths and needs of their clients, and is informed by person-centered treatment, cognitive behavioral therapy, mindfulness-based interventions, dialectical behavior therapy and motivational interviewing. Outside of their work life, Ben enjoys reality TV, road trips, listening to music, and quality time with their cat Sampson.