



## Ben McClure, MSW

Ben received his Master's degree in Social Work from the University of Wisconsin-Madison in May of 2021. As a part of Lighthouse Behavioral Health Center's team, he will be pursuing supervision to become a Licensed Clinical Social Worker. His experience in the field of mental health consists of outpatient work with adults and adolescents across a variety of populations and cultural backgrounds. He has worked collaboratively with individuals experiencing depression, anxiety, personality disorders, bipolar disorder, insomnia, trauma, and cognitive impairments. Ben's therapeutic approach centers both the strengths and needs of his clients, and is informed by person-centered treatment, cognitive behavioral therapy, mindfulness-based interventions, psychoanalysis and motivational interviewing. Outside of his work life, Ben enjoys reality TV, road trips, listening to music, and quality time with his cat Sampson.