



Ashlyn Brong, M.Ed., Resident in Counseling Counselor

I received a Bachelor's degree in Psychology from Wake Forest University and a Master's degree in Clinical Mental Health Counseling from the College of William and Mary. My clinical and practical experience includes a wide variety of mental health concerns, such as anxiety, depression, autism, and trauma. I utilize a person-centered perspective in my work with clients and tailor my approach to each client's needs. In my spare time, I enjoy creative pursuits, such as knitting.