



Asher Wike, MSW, Supervisee in Social Work

Originally from South Carolina, Asher moved to Richmond to attend Virginia Commonwealth University, where she earned her Master's of Social Work in 2023. Before this, Asher was living in New Orleans, where she earned her Bachelor's of Science in Psychology from Tulane University in 2020. In New Orleans, Asher worked as the Virtual Coordinator for an education non-profit for at-risk youth. She also interned for a family services agency which provided trauma-informed therapeutic services for children and families involved with the Department of Child and Family Services. After moving to Richmond, Asher served as a Court Appointed Special Advocate (CASA) for children from 2021-2023, working closely with families to help them achieve safe, stable and supportive home environments for their children. From 2022-2023, Asher completed her clinical field placement at a county-based mental health agency, where she provided individual and group therapy to adults with a range of conditions including depression, anxiety, substance use disorder, borderline personality disorder and serious mental illnesses. Asher also has experience working with adults and children with ADHD, autism spectrum disorder and PTSD, as well as survivors of sexual and domestic violence, immigrants and LGBTQ+ individuals. As a

practitioner, Asher takes a strengths based approach, working collaboratively with clients to help them to build resilience and make positive changes in their lives. Asher utilizes a range of modalities, including dialectical behavioral therapy (DBT), cognitive behavioral therapy (CBT), psychodynamic therapy and trauma-systems therapy (TST), depending on the needs of the client. In her free time Asher enjoys being outdoors, spending time with friends, traveling, making art, seeing live music and spending time at home with her two loving cats.