



Amber Zarger, MSW, Supervisee in Social Work

Amber received her Master's in Social Work with a Certificate in Gender Violence Intervention from Virginia Commonwealth University in 2020. Amber will be pursuing her license to become a Licensed Clinical Social Worker. She has experience working within the mental health field across multiple populations and settings including but not limited to mental health skill building, anger management, learning disabilities, and physical disabilities. She has worked with individuals who have experienced traumatic brain injuries, trauma, anxiety, depression, suicidal ideations, dementia, bipolar disorder, selective mutism, memory loss, dysarthria, cognitive impairments, and more. Amber utilizes a range of approaches such as cognitive behavioral therapy, strengths-based, and trauma-informed care. She also has a passion for play therapy, art therapy, and other creative techniques. In her free time, Amber enjoys spending time with friends and family, traveling, watching movies, and playing video games.