



Alim Beckwith, B.S., QMHP-C

I received my degree from VCU with a major in psychology and a minor in sociology. My experience comes from working in a residential setting where I worked with residents who suffered from trauma, ADHD, anxiety, depression, self-harm, bipolar disorder, suicidal ideation, and reactive attachment disorder (RAD). I also have experience working in crisis stabilization. I use a strength-based treatment method that works to build up skills based off a client's current strengths. I believe relationships are the building blocks and foundation to healing. Some things I like to do in my free time are playing basketball, listening to music, and traveling!