



Alexis Reed, B.A., QMHP-A/C

I graduated from Virginia Union University with a Bachelor of Arts in Psychology in 2016. Over the course of my career in mental health, I have worked with children, adults, and families providing services such as Intensive In-Home, Mental Health Skill building and worked with individuals residing in group homes. I chose to work in mental health because I have always had a passion for helping people. It is my goal to assist my clients with healing, growth, and achieving overall wellness.