



Alex Champion, MSW, QMHP-Trainee

I graduated with a Bachelor of Arts in Psychology from the University of Colorado Boulder in 2020. Two years later I received a Master of Social Work from Ohio University. I have experience working with all ages and a variety of conditions including depression, anxiety, substance use disorders, personality disorders and issues related to the LGBTQIA population. I began my work in mental health at a residential facility for adults with mental illness and transitioned to a college counseling center during my time in my MSW program. I believe a collaborative and client-centered approach is the key to a positive outcome in a therapeutic setting. I enjoy traveling, photography, music, and playing with my two calico cats in my spare time.