



Alexandra Rankin, M.Ed.

Alexandra recently completed her M.Ed in Counselor Education from Virginia Commonwealth University. She has experience working in disability service with young adults who have chronic illnesses, physical and intellectual disabilities, and mood disorders. She has also volunteered in hospice settings and primary education settings. Alexandra views clients from a person-centered lens and values empirically validated counseling models such as DBT, and believes in an integrative approach in order to meet the unique and multicultural needs of each individual.

Alexandra is from Washington, DC and has lived in Richmond since 2019. She enjoys weightlifting, hot yoga, and spending time with her family and her Yorkshire Terrier, Louise.