



Stefani Huey, MSW, QMHP-C Counselor

I received a Bachelor of Arts in Psychology from St. Joseph's College in New York. I then completed a Masters of Social Work with a specialization in Trauma and Interpersonal Violence at Simmons College in Boston, Massachusetts. I am currently pursuing licensure and plan to pursue a doctoral degree in the near future. I have experience working with children and adolescents who have experienced multiple types of trauma, adolescents with intellectual disabilities, and adults with severe mental illness. I enjoy utilizing Cognitive Behavioral Therapy, Narrative Therapy, and Solution Focused Therapy techniques when working with my clients. I believe in person centered care and that every individual has the ability to achieve personal growth regardless of the challenges they face. In my personal time, I enjoy cooking, spending time with my dogs and cat, and reading.