



Melody Wilson, LCSW Therapist

Melody Wilson is a Licensed Clinical Social Worker. She has her Bachelor's in Sociology with a minor in Criminal Justice from Shenandoah University. She has a Master's in Social Work from Virginia Commonwealth University. Melody provides services to adolescents and adults, as well as couples and families. Melody values diversity and enjoys working with individuals from all backgrounds and walks of life. She is comfortable serving diverse populations and welcomes individuals of all races, gender, religious affiliation, and sexual orientation. Melody has experience working with a variety of needs, including substance abuse, PTSD, depression, anxiety, adjustment disorders, bereavement/grief, relationship issues, and domestic abuse/sexual assault. Melody's therapeutic modalities include: cognitive behavioral therapy, strengths based

approach, motivational interviewing and solution focused treatment. Individual treatment is catered to each individual's characteristics and needs.