



Kevin Happeny, M.A., Resident in Counseling Counselor/Support Specialist

I graduated with my Bachelor's Degree in Psychology from the University of West Florida in 2013 and a Master's Degree in Marriage and Family Therapy and Counseling from Reformed Theological Seminary in Jackson, Ms. My clinical experience includes outpatient and community settings working with individuals, families, children, couples, and groups. I am currently working towards licensure as an LPC and LMFT. I believe all people have innate value and deserve respect. My counseling approach is founded on that belief and is person-centered in nature and focuses on the family system. I believe we are all harmed in relationships but that healing also comes from being in strong, healthy relationships. I have experience working with anxiety, anger management, depression, marital conflict, eating disorders, and family conflict and distress. I try to combine different techniques and modalities in order to best serve my clients and meet them where they are. I have utilized cognitive behavioral therapy, internal family systems, family systems theory, emotion-focused therapy, and play therapy. In my free time,

I enjoy spending time with my family, traveling, reading (books and comic books), playing video games, and watching baseball.