



Kaitlyn Kabban, MSW, Supervisee in Social Work Clinical Supervisor

Kaitlyn Kabban is a Supervisee in Social Work who focuses on working with children, adolescents, and families from a strength-based model. She utilizes family system, parent-child relationship, and experiential models to address the needs of children and families. She provides counseling to children and adolescents with abuse and neglect, anxiety, depression, trauma, attachment concerns and other stressful life changes. She utilizes cognitive behavioral approaches, dialectical behavior therapy and play therapy techniques with children with a wide variety of behavioral needs including school problems, oppositional behavior, ADHD, depression, anxiety, and other developmental concerns. She also provides family work focusing on the importance of relationship and emotional connection. Kaitlyn Kabban holds a Bachelor's degree in Psychology from Virginia Tech and a Master of Social Work from Virginia Commonwealth University.