



## Jenna Scherbenske, MSW, Supervisee in Social Work Counselor

I graduated from Virginia Tech with a Bachelor of Science in Human Development and then received my Master's in Social Work from Virginia Commonwealth University. I am currently working toward licensure (LCSW). I take a person centered, strengths-based approach to help clients build resiliency and reach their goals. I have previous experience with therapeutic day treatment where I utilized cognitive behavioral techniques to work with clients on improving emotional and self-regulation, self-esteem, anger management, peer relationships, and communication skills. Outside of work, I enjoy running, hiking, reading, and spending time with friends and family.