



Heather Cryer, MSW, Supervisee in Social Work Counselor/Support Specialist

Heather is a Supervisee in Social Work who earned a Bachelor's degree in Sociology and Psychology from Old Dominion University in 2010, and a Master's of Social Work from University of Southern California in 2015. Heather has experience with individuals and families in the home, community, and residential settings. Heather has experience in areas of developmental disabilities, trauma, depression, anxiety, attachment, substance abuse, and autism. Heather strives to provide treatment with a person-centered and strengths-based approach. Heather utilizes cognitive behavioral therapy, dialectical behavior therapy, and trauma-informed care approaches in treatment.