



Lighthouse

Behavioral Health Center

Helping you find a way to a healthier, happier you

CREATIVE EXPRESSION GROUP WHEN WORDS AREN'T ENOUGH

Lighthouse Behavioral Health Center is currently accepting adolescent males and females ages 13-17 to participate in our Creative Expression Group.

Start: Fall 2017 (specific date to be determined)

Day of the Week: Tuesday

Time: 4:30-6:00pm

Number of Weeks: 8

Location: Lighthouse Behavioral Health Center, LLC

101 Buford Road, Suite 110 N. Chesterfield, VA 23235

Lighthouse Behavioral Health Center's creative expression group will help adolescents that are having difficulty with depression, anxiety, low self-esteem, anger, adjustment issues, social skills and emotion regulation through the therapeutic use of art.

Space is limited. Please contact Robyn Jennings at (804) 447-6382 for more information or to schedule an intake appointment.

USE THE CREATIVE PROCESS TO GET TO KNOW YOURSELF BETTER!

FOR MORE INFORMATION CONTACT LIGHTHOUSE BHC @ (804) 447-6382/ PRESCREENING REQUIRED