

Creative Expression Group



Lighthouse Behavioral Health Center is currently accepting adolescent males and females ages 13-17 to participate in our Creative Expression Group.

Art is the meeting ground of the world inside and the world outside.

- Elinor Ulman

Start: October 2018 (specific date to be determined)

Day of the week: Tuesday

Time: 4:30—5:30pm

Length: 8 weeks

Location: Lighthouse Behavioral Health Center

101 Buford Road, Suite 110, N. Chesterfield, VA 23235

Our creative expression group will help adolescents that are having difficulty with depression, anxiety, low self-esteem, anger, adjustment issues, social skills, and emotional regulation through the use of art therapy.

Space is limited. Please contact Robyn Jennings at 804-447-6382 for more information or to schedule an intake appointment. Prescreening required.

Helping you find the way to a healthier, happier you..

