



Casey White, M.Ed., QMHP-C Counselor

Casey attended the College of William and Mary for his undergraduate studies and received a Bachelor's degree in Psychology with a minor in Sociology. While enrolled at William and Mary, Casey worked as a summer camp counselor where he taught canoeing and sailing lessons to children and adolescents. Additionally, Casey worked as a tutor and mentor for low-income public-school students in the Williamsburg area. Casey then received his Master's in Counselor Education from the University of Virginia. Casey recently moved to the Richmond area from Norfolk where he was a Middle School Counselor at a local private school. Casey is pursuing his license to become a Licensed Professional Counselor (LPC). Casey has experience working with children and their families on a wide variety of topics including interpersonal conflicts, anxiety disorders, anger and impulse control, grief and loss, depression and suicidal ideation, and behavioral management. Casey prefers to use a holistic and person-centered approach to working with children, putting them in the driver's seat to their own healing and personal improvement. Casey is passionate about working with underserved populations and helping them find

their voice. When he isn't working, Casey loves to spend time with his friends trying the amazing food that Richmond has to offer, exploring nature through hiking and kayaking, and playing video games.