



## Carrie Barbagallo, B.S., QMHP-A

Carrie Barbagallo grew up in Howard County, Maryland and came to Virginia when she was 18. Carrie studied Psychology with a minor in Family Studies at James Madison University, where she earned her Bachelor's Degree. She is currently working on her Master of Social Work degree at Virginia Commonwealth University and is expecting to graduate in May 2020. Carrie then plans to pursue her LCSW focusing on survivors of trauma. Carrie has worked with adults with intellectual disabilities, adults with mental illness (bipolar disorder, schizophrenia, major depression, schizoaffective disorder, anxiety, substance abuse, and others), and adults in poverty, suffering from homelessness, food insecurity, and surviving trauma. Carrie believes in catering her services to each individual's needs in order to provide the best treatment possible. In her free time, Carrie enjoys being outside, playing with her pets (dog and two cats), watching movies, and practicing self-care.