



Caitlin Devey, LPC Clinical Supervisor

I am a Licensed Professional Counselor (LPC) in Virginia and Washington, D.C. I have worked in the behavioral healthcare field in Washington, D.C. since 2011 and recently moved to the Richmond area in February 2016. I earned my Bachelor of Arts Degree in Psychology in 2009 from James Madison University and Masters of Arts degree in Community Counseling in 2011 from Marymount University. I have experience with providing counseling, Community Based Intervention services and case management services in both outpatient and community-based settings. My

background is in working with children, adolescents, adults and families with ADHD, ODD, anger/aggression, familial discord, conflict resolution, depression, anxiety, bipolar disorder, schizophrenia, and intellectual disabilities. My professional strengths include: Developing rapport, dependability, honesty, flexibility, kindness, creativity, and genuine warmth and understanding. My treatment methods are individualized, evidence-based and specific to client needs. My theoretical foundation is Person-Centered Therapy and I believe that through developing positive rapport with clients and exhibiting genuine unconditional positive regard in session, clients will recognize that they are capable of reaching their full potential by identifying personalized solutions within themselves to problems they encounter in their daily lives. I truly enjoy the field of counseling and am committed to helping my clients improve their overall quality of life.